Coverage Period: 01/01/2023 – 12/31/2023 Coverage for: Single + Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (614) 799-4447. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

inc. at (600) 723-2272 to reque	Inc. at (800) 925-2272 to request a copy.			
Important Questions	Answers	Why This Matters:		
What is the overall deductible?	For participating <u>providers</u> : \$3,000 person / \$6,000 family For non-participating <u>providers</u> : \$4,000 person / \$8,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid		
Are there services covered before you meet your deductible?	Yes. For participating <u>providers: Preventive</u> <u>care</u> , routine eye exams, <u>emergency room care</u> (all <u>providers</u>), <u>urgent care</u> office visit charges, <u>home health care</u> , outpatient <u>hospice services</u> , outpatient mental health/substance abuse services, <u>rehabilitation services</u> , <u>habilitation services</u> , and office visit charges are covered before you meet your <u>deductible</u> .	by all family members meets the overall family deductible. This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/.		
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$5,000 person / \$10,000 family For non-participating <u>providers</u> : \$10,000 person / \$20,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.		
What is not included in the <u>out-of-pocket limit?</u>	Premiums, preauthorization penalty amounts, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .		
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind/custom/mymeritain or call (800) 343-3140 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.		
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit (office visit)/ 20% <u>coinsurance</u> (all other services)	40% coinsurance	Copay applies to the physician office visit only. Includes telemedicine other than Teladoc. You pay a \$25 copay (deductible
	<u>Specialist</u> visit	\$50 <u>copay</u> /visit (office visit)/ 20% <u>coinsurance</u> (all other services)	40% <u>coinsurance</u>	does not apply) if you receive consultation services through Teladoc. There is no charge and the <u>deductible</u> does not apply for services received at a MinuteClinic.
	Preventive care/ screening/ immunization	No Charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> required for PET scans and non-orthopedic CT/MRI's. If you don't get <u>preauthorization</u> , benefits could be reduced by \$400 of the total cost of the service for non-participating <u>providers</u> .
If you need drugs to treat your illness or condition	Generic drugs	\$10 <u>copay</u> (retail)/ \$25 <u>copay</u> (CVS or mail order)	\$10 <u>copay</u> (retail)	<u>Deductible</u> does not apply. Covers up to a 30-day supply (retail prescription); 90-day supply (CVS or mail order prescription); 30-
More information about prescription drug coverage is	Preferred brand drugs	\$45 <u>copay</u> (retail)/ \$112.50 <u>copay</u> (CVS or mail order)	\$45 <u>copay</u> (retail)	day supply (<u>specialty drugs</u>). The <u>copay</u> applies per prescription. There is no charge for preventive drugs. Dispense as Written
available at www.caremark.com	Non-preferred brand drugs	\$70 <u>copay</u> (retail)/ \$175 <u>copay</u> (CVS or mail order)	\$70 <u>copay</u> (retail)	(DAW) provision applies. <u>Specialty drugs</u> must be obtained directly from the specialty pharmacy. Certain <u>specialty drugs</u> are
	Specialty drugs	30% <u>copay</u> (\$250 maximum)	Not Covered	eligible for <u>copay</u> assistance programs through CVS True Accumulation Program. Step therapy provision applies.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> required for certain surgeries. If you don't get <u>preauthorization</u> , benefits
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	could be reduced by \$400 of the total cost of the service for non-participating <u>providers</u> . See your <u>plan</u> document for a detailed listing.

		What You		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate medical attention	Emergency room care	\$200 <u>copay</u> /visit (<u>emergency services</u>)/ Not Covered (non- <u>emergency services</u>)	\$200 <u>copay</u> /visit (<u>emergency services</u>)/ Not Covered (non- <u>emergency services</u>)	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.
	Emergency medical transportation	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> .
	<u>Urgent care</u>	\$50 <u>copay</u> /visit (office visit)/ 20% <u>coinsurance</u> (all other services)	40% <u>coinsurance</u>	Copay applies to the physician office visit only.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% coinsurance	<u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	by \$400 of the total cost of the service for non-participating <u>providers</u> .
If you need mental health, behavioral health, or	Outpatient services	\$25 <u>copay</u> /visit (office visit)/ No Charge (all other outpatient)	40% <u>coinsurance</u>	Includes telemedicine other than Teladoc.
substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$400 of the total cost of the service for non-participating <u>providers</u> .
If you are pregnant	Office visits	20% <u>coinsurance</u>	40% coinsurance	Preauthorization required for inpatient
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	hospital stays in excess of 48 hrs. (vaginal delivery) or 96 hrs. (c-section). If you don't get preauthorization, benefits could be reduced by \$400 of the total cost of the service for non-participating providers. Cost sharing does not apply to preventive services from a participating provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family deductible amount may apply.
	Childbirth/delivery facility services	20% coinsurance	40% <u>coinsurance</u>	

		What You		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Home health care	\$50 <u>copay</u> /visit	40% <u>coinsurance</u>	Limited to 60 visits per year. <u>Preauthorization</u> required. If you don't get preauthorization, benefits could be reduced by \$400 of the total cost of the service for non-participating providers.
	Rehabilitation services	\$50 <u>copay</u> /visit	40% coinsurance	Includes telemedicine other than Teladoc. Physical, speech & occupational therapy limited to a combined maximum of 60 visits per year.
	Habilitation services	\$50 <u>copay</u> /visit	40% coinsurance	Includes telemedicine other than Teladoc.
	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 60 days per year. Preauthorization required. If you don't get preauthorization, benefits could be reduced by \$400 of the total cost of the service for non-participating providers.
	<u>Durable medical</u> equipment	20% coinsurance	40% <u>coinsurance</u>	Limited to 1 <u>durable medical equipment</u> for same or similar purpose. <u>Preauthorization</u> required for electric/ motorized scooters or wheelchairs and pneumatic compression devices. If you don't get <u>preauthorization</u> , benefits could be reduced by \$400 of the total cost of the service for non-participating <u>providers</u> .
	Hospice services	20% <u>coinsurance</u> (inpatient)/ \$50 <u>copay</u> / visit (outpatient)	40% <u>coinsurance</u>	Bereavement counseling is covered.
If your child needs	Children's eye exam	\$50 <u>copay</u> /visit	40% <u>coinsurance</u>	Limited to 1 exam every 24 months.
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Coservices.)	ver (Check your policy or <u>plan</u> document for more	information and a list of any other excluded	
 Bariatric surgery Cosmetic surgery Dental care (Adult & Child) Emergency room services for non-emergency services 	 Hearing aids (except for cochlear implants) Infertility treatment (except diagnosis or treatment of underlying medical condition) 	 Non-emergency care when traveling outside the U.S. Private-duty nursing (except for home health care & hospice) Routine foot care (except for metabolic or 	
Glasses (Adult & Child)	Long-term care	peripheral vascular disease)Weight loss programs	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
Acupuncture (10 visits per year)	• Chiropractic care (20 visits per year)	 Routine eye care (Adult & Child – 1 exam every 24 months) 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or Abbington Management Corp. at (614) 799-4447. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or Abbington Management Corp. at (614) 799-4447.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$3,000
Primary care physician coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost \$12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$3,000
Copayments	\$10
Coinsurance	\$1,9 00
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$4, 970

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$3,000
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost \$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$900
Copayments	\$1,000
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,920

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$50
■ Hospital (facility) copayment	\$200
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,300	
Copayments	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	